Taking the Pulse of Our Community: Results from a Cross-sectional Survey of Latino Immigrants in Philadelphia

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4th Annual Retreat of the Latino Health Collective
Philadelphia, PA, October 16, 2026

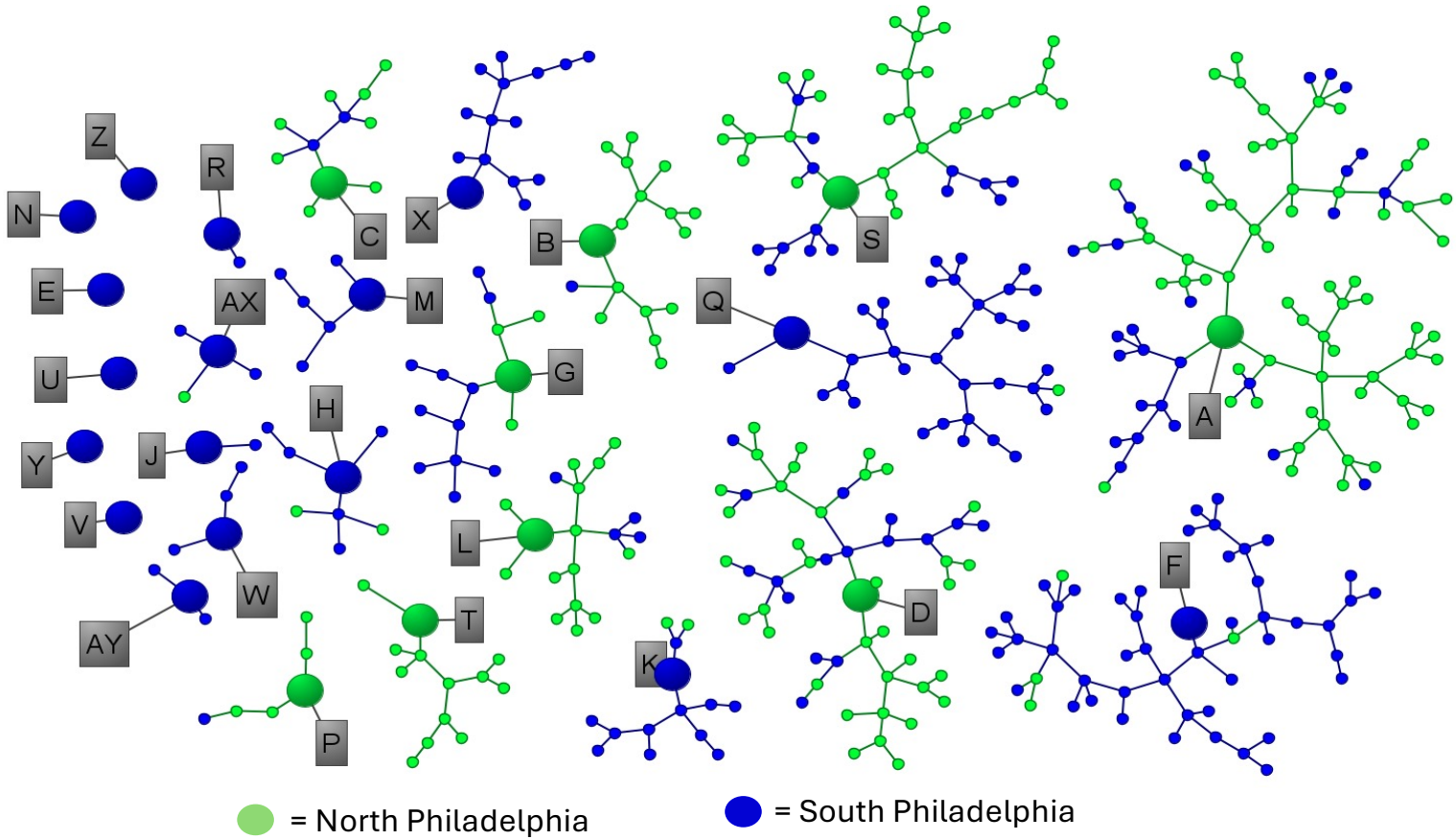
Community Survey

- Cross-sectional survey using respondent-driven sampling (RDS) completed in Y2026
- 420 respondents: 26 seeds + Up to 3 referrals
- Self-identified Latino, ages 18–55, residing in Philadelphia, born in Puerto Rico or a Latin American country
- Fluent in English or Spanish

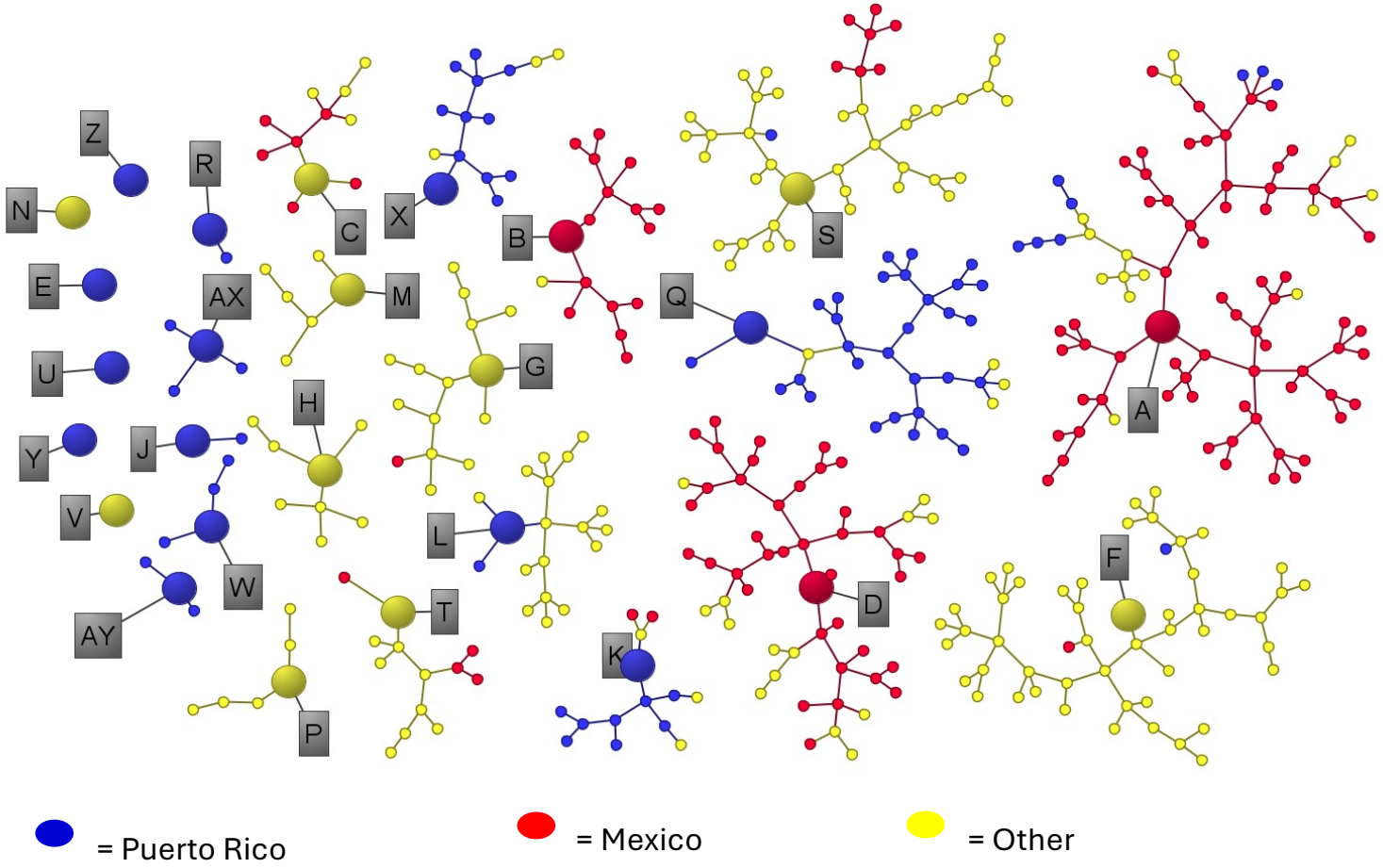
Sample Characteristics	N=420
Age, mean (SD)	35.97 (9.1)
Gender, %	
Female	69.8
Male	29.8
Area of Philadelphia, %	
South	44.8
North	51.7
Country of Origin, %	
Mexico	34.0
Central America	18.3
Caribbean	10.7
Puerto Rico	19.8
South America	19.9
Level of Education, %	
Less than high school	26.7
Finished HS	40.0
Some College or more	33.3
Uninsured, %	68.3
Monolingual Spanish, %	51.9

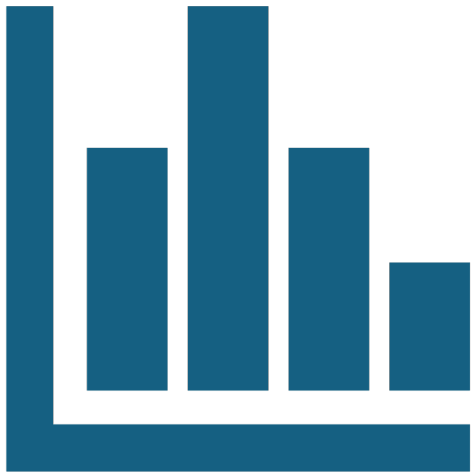
*Results may not add up to 100 because of omitted categories

Network Referral Chains: By City Area



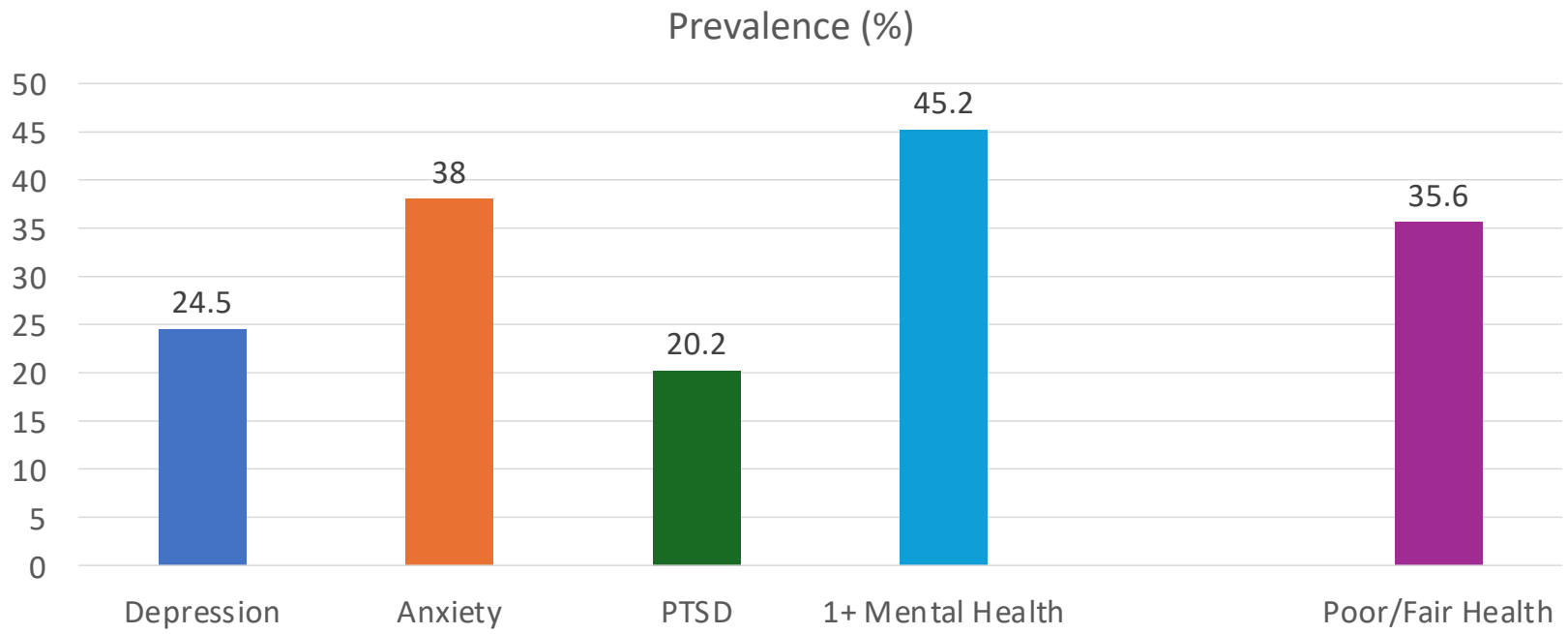
Network Referral Chains: By Region of Origin



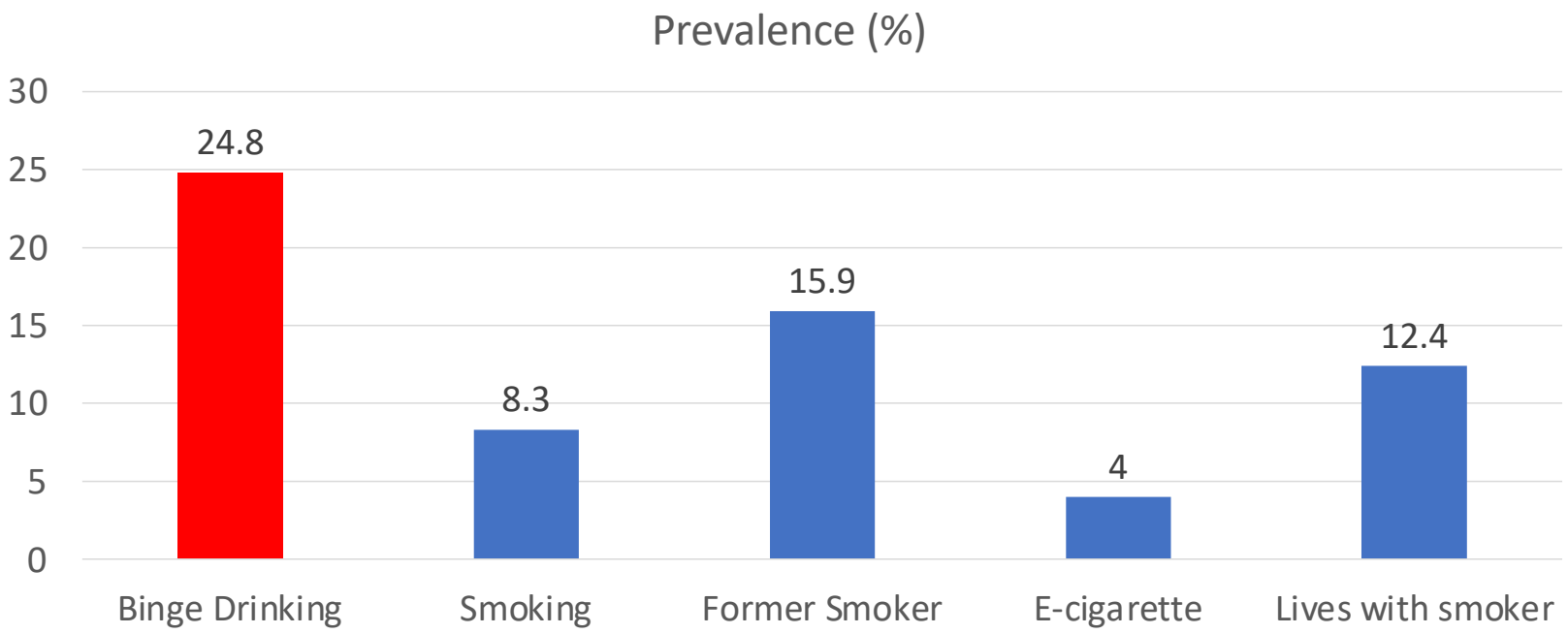


Results

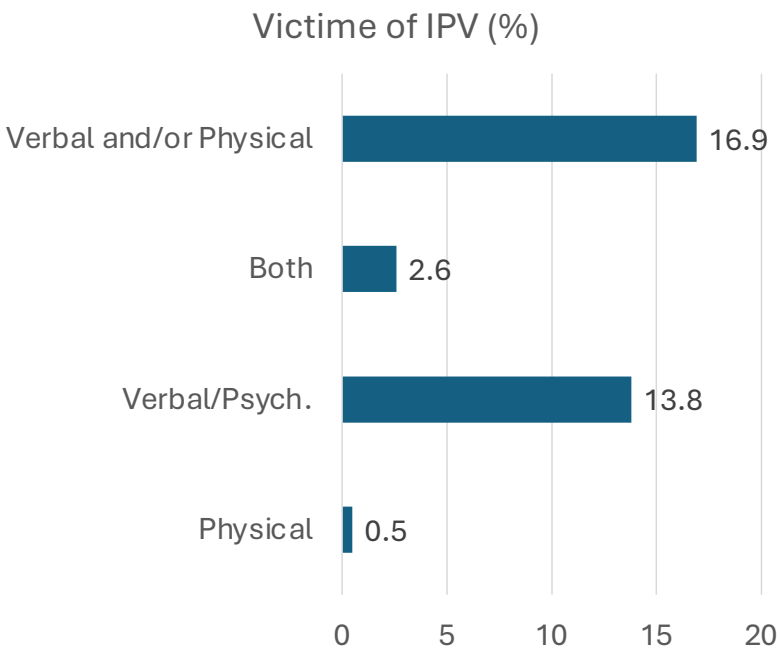
Mental Health & Self-Reported Health

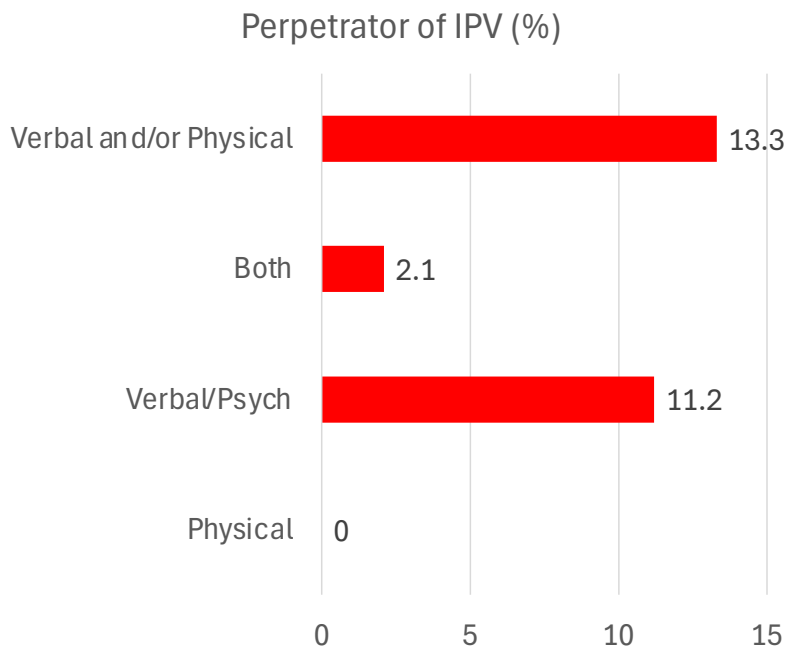


Alcohol & Tobacco

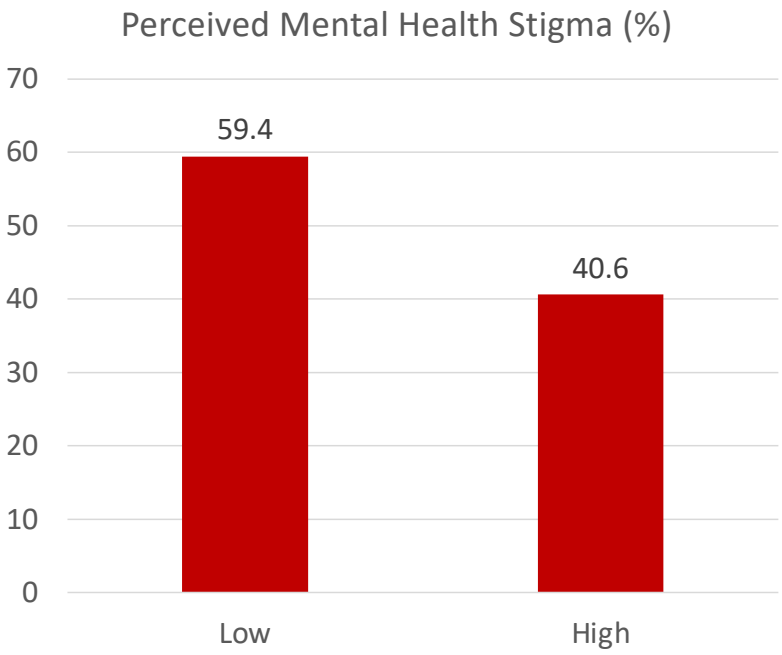


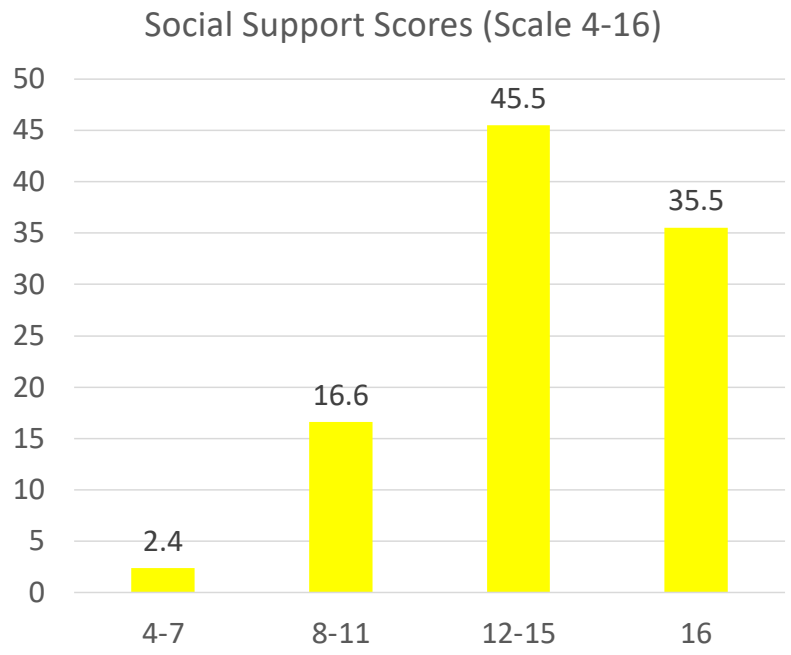
Intimate Partner Violence



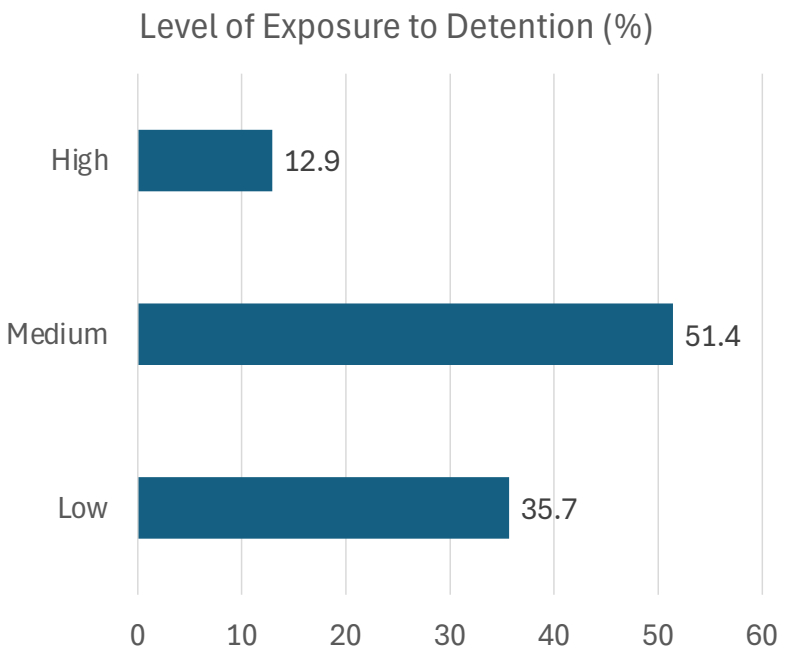


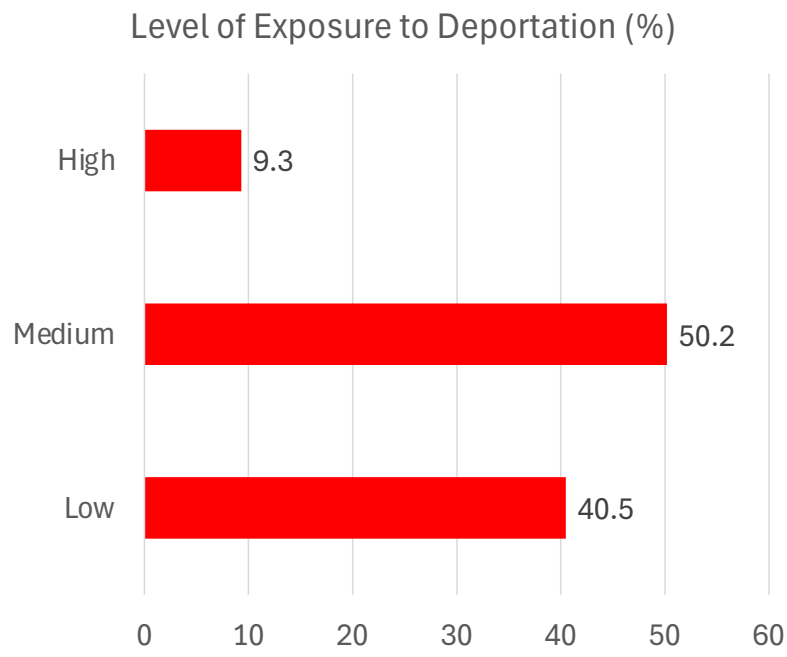
Stigma and Social Support





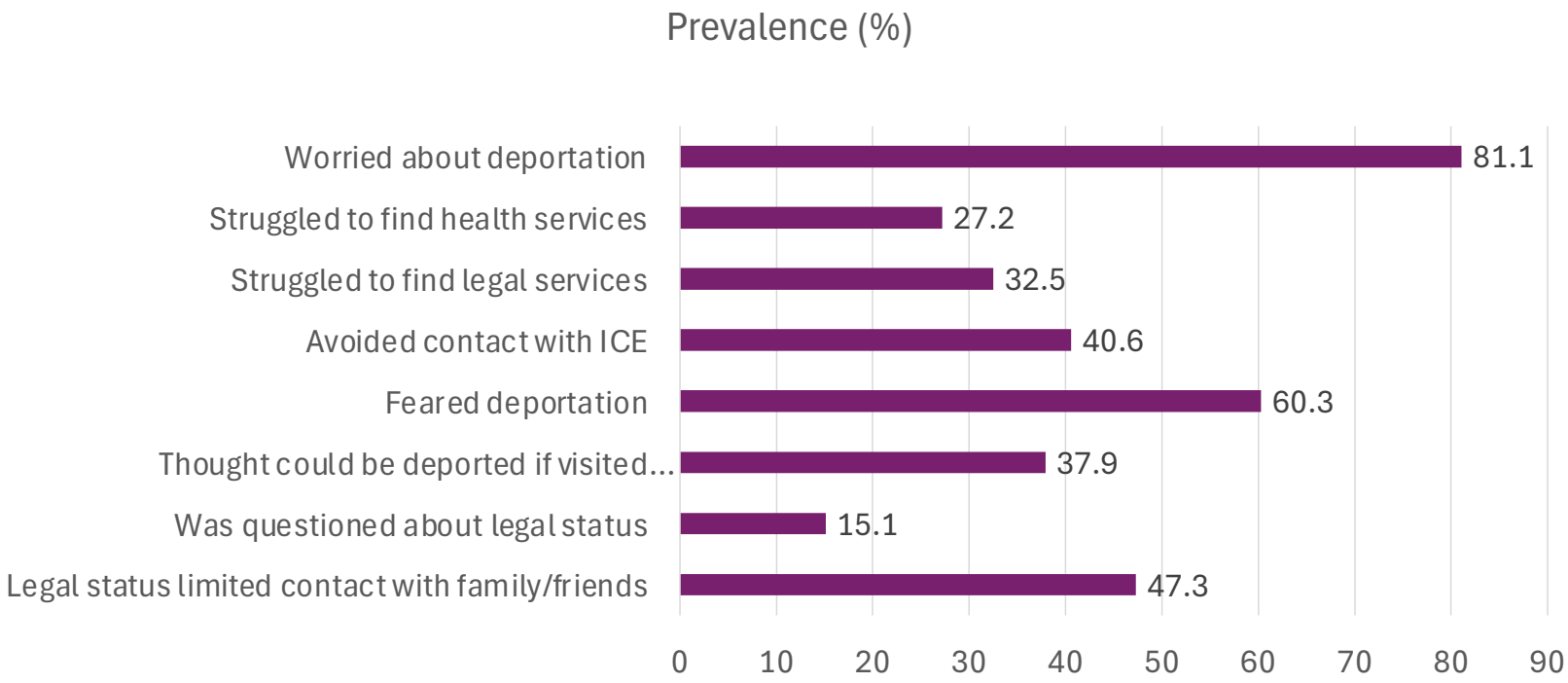
Exposure to Immigration Enforcement



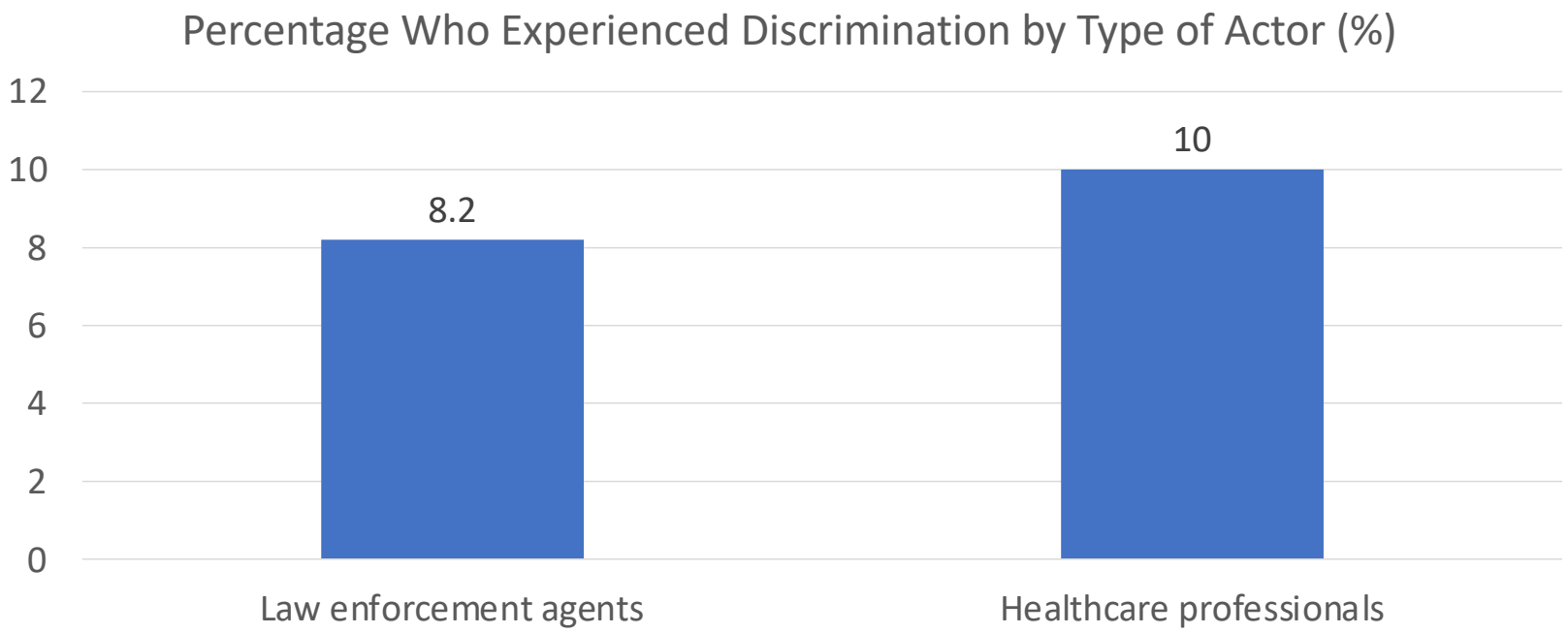


Low: Media, Other
Medium: Friend, coworker, neighbor, acquaintance
High: Self, family member, household member

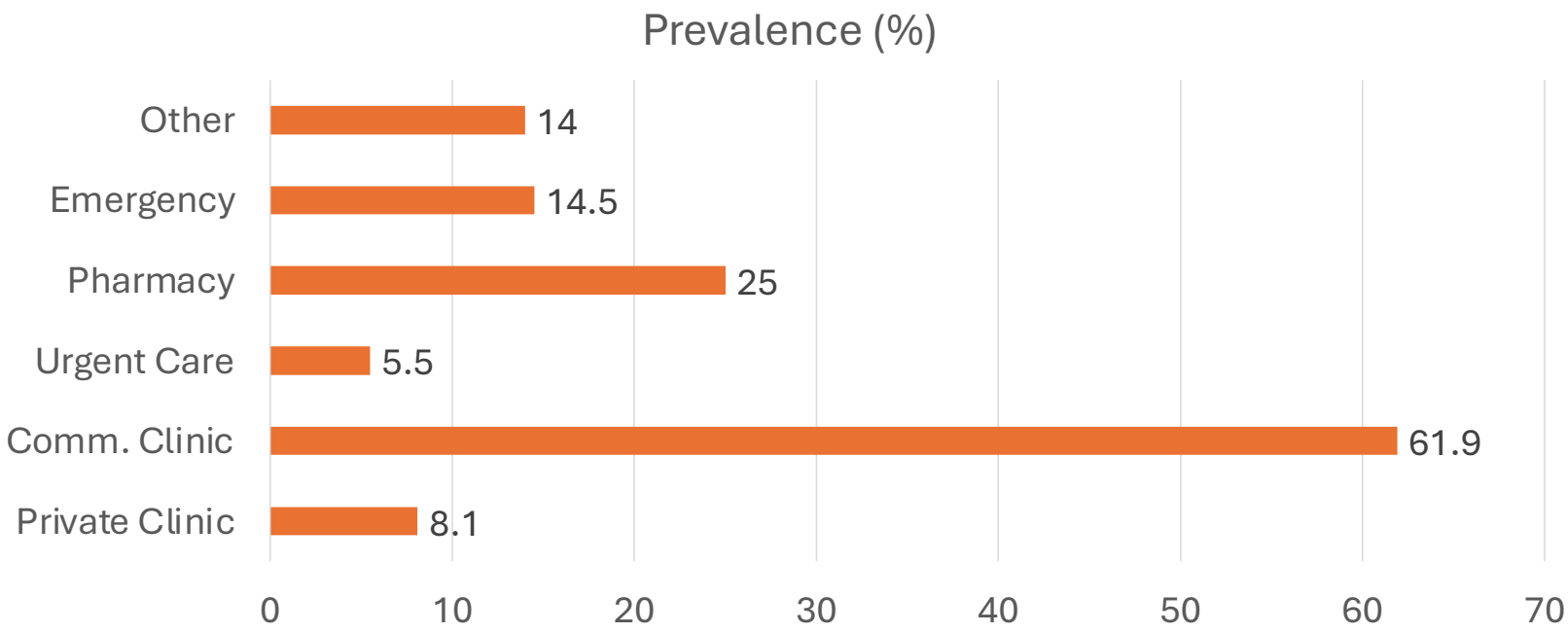
Immigration Related Stress



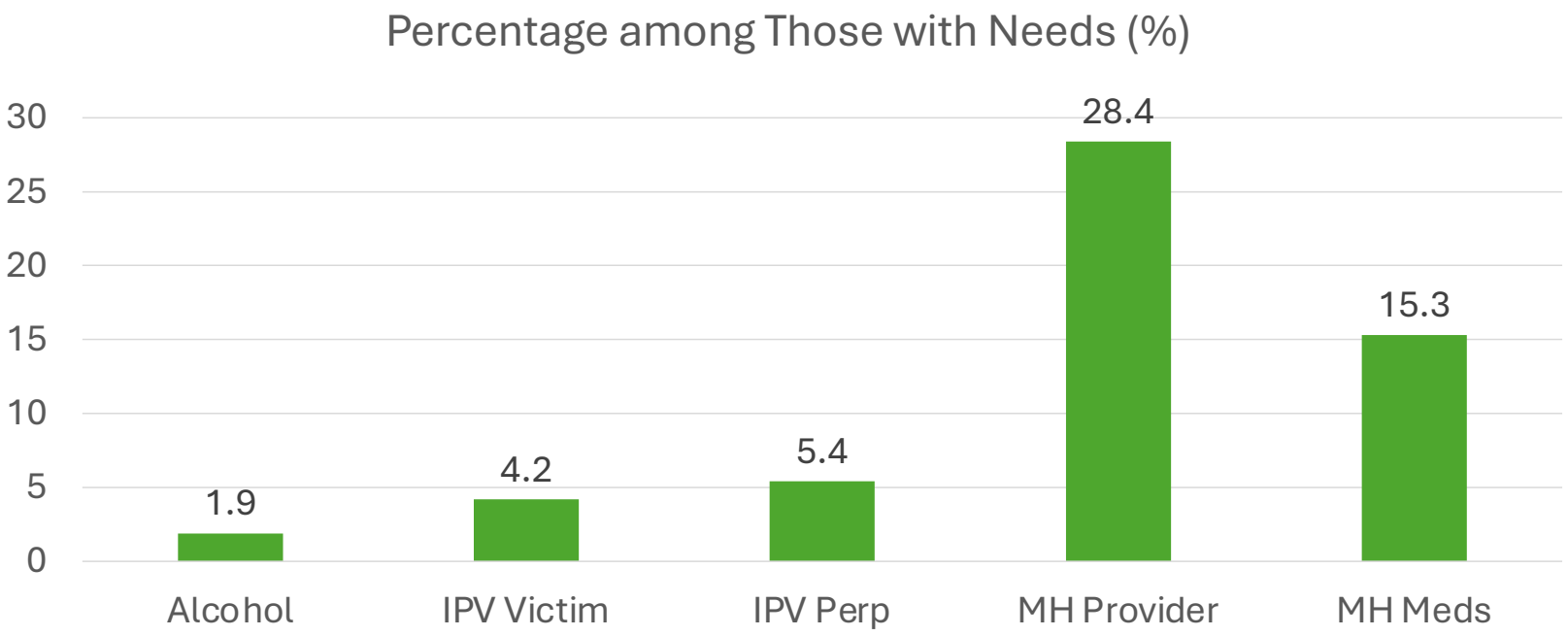
Experiences of Discrimination



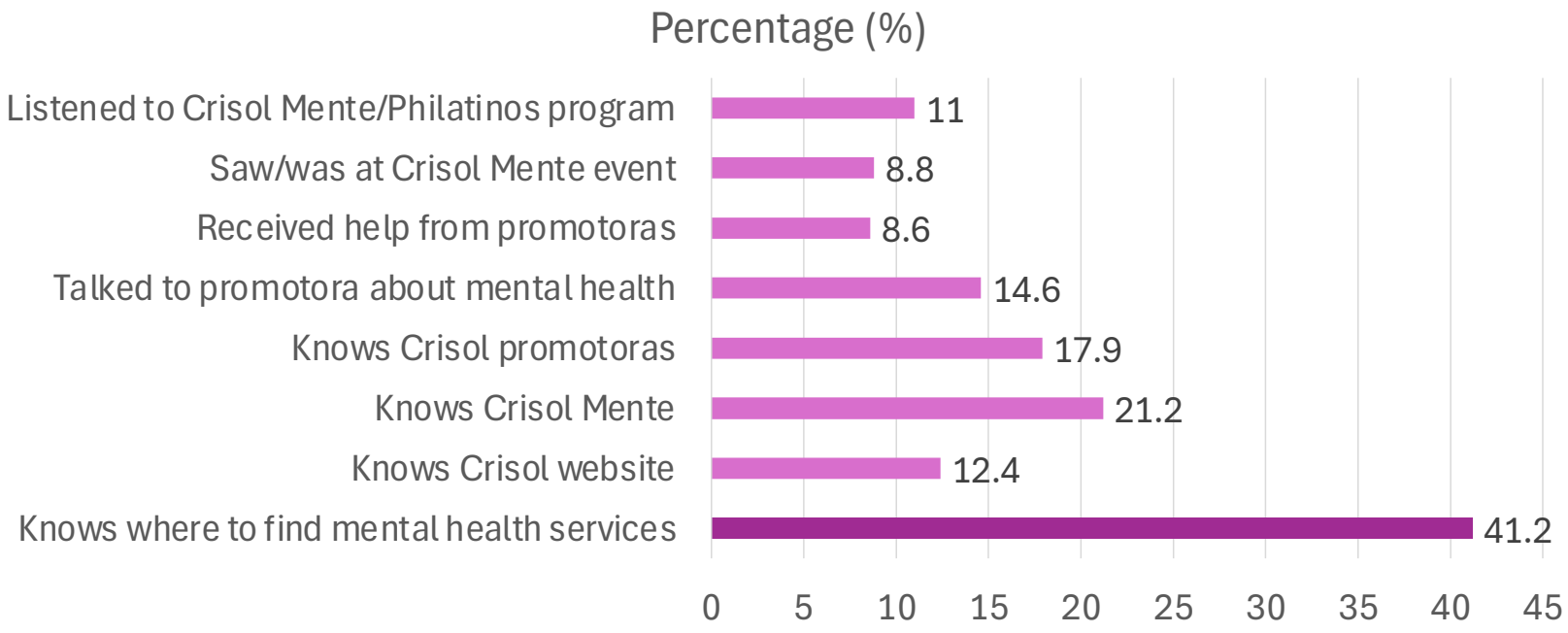
Regular Source of Healthcare



Access to Services



Knowledge of Mental Health Resources



Conclusions

High burden of mental health symptoms and suboptimal health status
Insufficient access to mental, behavioral, and social services
Mental health stigma, discrimination, immigration enforcement, and lack of knowledge complicate well-being and access services
Social support high, despite disruption of networks by migration
Community clinics, main source of care for Latinos in Philadelphia
Community health workers, a key resource to address social determinants and reduce barriers to health
Programs to address gaps in access to services and social determinants of health are needed

Questions/Discussion

Thank You

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