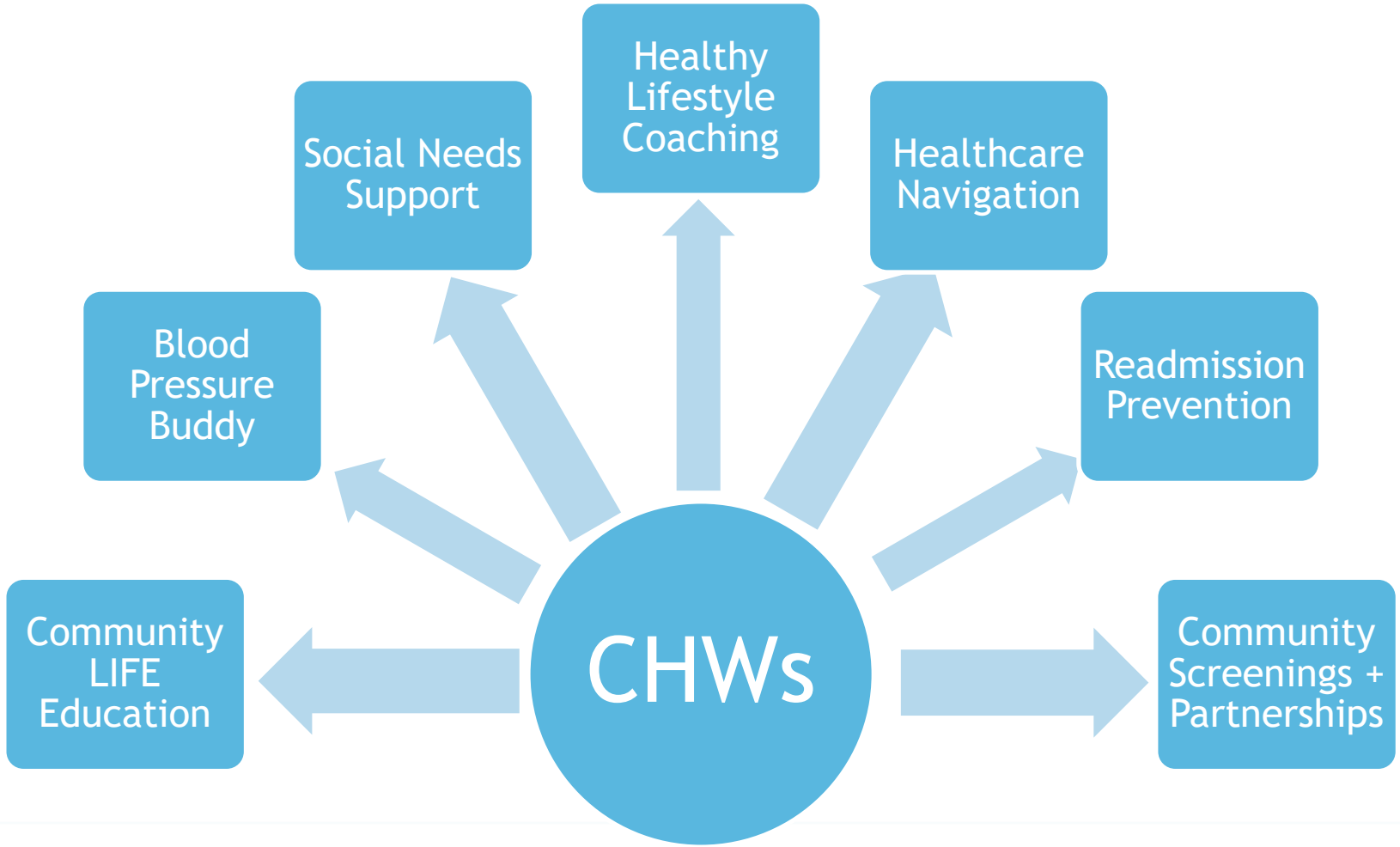
OFFICE OF COMMUNITY HEALTH + IMPACT

Community Health Programs Overview

Jefferson
HOME OF SIDNEY KIMMEL MEDICAL COLLEGE

CHWs Power Every Community Health Program

Screening • Coaching • Navigation • Education • Follow-Up



Community Partnerships – Screening Sites

Community Screenings

- Blood Pressure
- A1C (Blood Sugar)
- Total Cholesterol
- Health-Related Social Needs (HRSN)

Community Screening Partner Sites

- JHP Community Wellness Centers
- Brown ShopRites (Aramingo & Cheltenham)
- YMCA (Willow Grove)
- Salvation Army Kroc Center
- Food Trust
- Philadelphia Department of Public Health
- Mi Salud Wellness Center
- Marconi
- Northeast Services Hub – ***new 9/17/26 launch!***

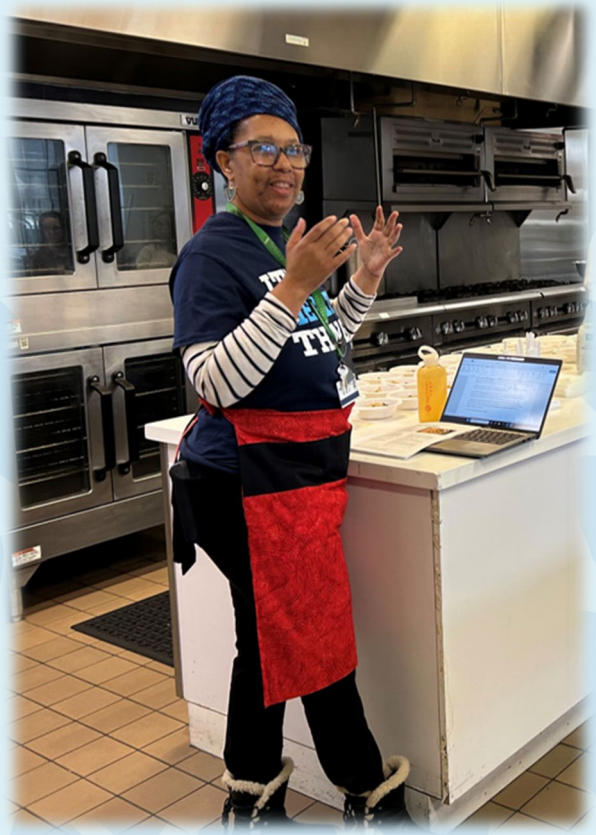
Community *LIFE* Program – Learn, Improve, Feel Empowered!

Health Education Programs

National CDC Diabetes Prevention Program (DPP) – **1 year series**
Diabetes Self-Management Education – **7-week series**
Oldways Cooking – African Heritage – **6-week series**
Oldways Cooking – Latin Heritage – **6-week series**
Nutrition Education – **6-week series**
Freedom from Tobacco – **6-week series**
Hypertension – **6-week series**

Diabetes Prevention Program Lifestyle Coach Training

Free 16-hour program led by Senior Health Educator that certifies participants to be Lifestyle Coaches and deliver the National DPP curriculum



Blood Pressure Buddy Program

A 90-day CHW-led intervention partnered with Pop Health Nurse Care Coordinator for clinical oversight connecting patients with hands-on support, technology, and education — deployed at scale across Jefferson's network.

Pilot

3 practices

program launched

October 2025

Expansion

6 practices

coverage doubled

Summer 2025

Scale

ALL Jefferson

primary care sites (Phila, NJ, Bucks, MontCo)

Current

In-person CHW visits at home or PCP office

BP cuff education and BP tracking

Disease-specific patient education provided

High touch program by Pop Health NCC & Community-Based CHW

Jefferson CHW Collective Components

CHW Academy

- Immersive Registered Apprenticeship Program
- CHW Mentorship Program
- Accelerated Program for experienced CHWs
- Peer Leadership Academy
- Trauma-Informed Peer Services (TIPS) Certificate Program

CHW Community-Based Care Delivery

- Community screenings + health education support
- BP Buddy Program
- Methodist Readmission Pilot
- HRSN assessments
- Healthcare navigation, resource navigation, healthy lifestyle coaching
- Community partnerships

CHW Community of Practice

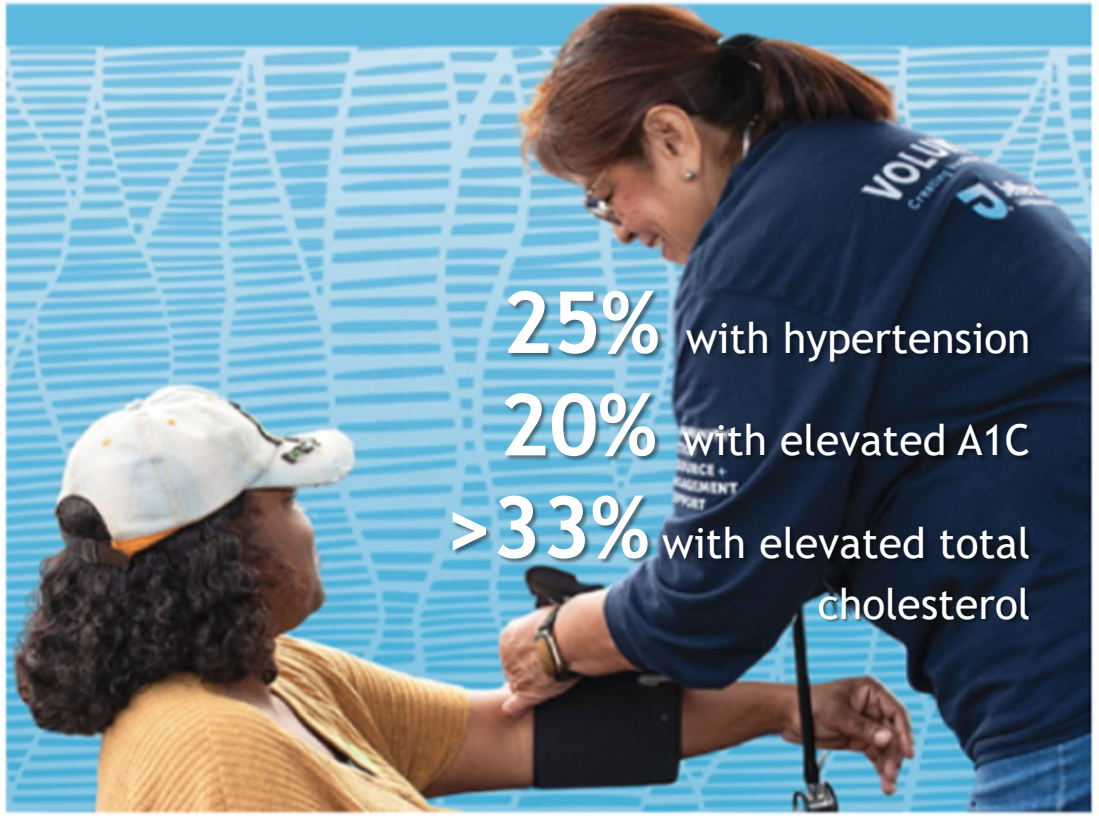
- Support, success, and resource sharing
- Networking forum
- Ongoing professional development
- Annual CHW Advocacy Day in Harrisburg
- Annual CHW Regional Conference
- CHW Advisory Committee

Community Screenings & Education – Reach FY26

1,400+
Community members screened

300+
Participants enrolled in health education programs

Screening Results



Community Reach – Summer 2026

ShopRites

400+ Community Members Screened

40% with hypertension

~25% with elevated A1C

14% with elevated total cholesterol

Food Trust Farmers Market

300+ screened

Social needs significant, including barriers to nutrition (**34%**) and healthcare access (**18%**)

BP BUDDY CLINICAL RESULTS

Based on evaluation of **282 participants** with confirmed BP data — results are compelling:

144	135	−9	−5
mmHg	mmHg	pts	pts
Avg Systolic Program Start	Avg Systolic Program End	Mean Systolic Reduction	Mean Diastolic Reduction

CLINICAL SIGNIFICANCE

Research confirms an average of 10-pt systolic reduction meaningfully lowers cardiovascular risk

Source: Ettehad et al. (2016), The Lancet. BP lowering for prevention of cardiovascular disease and death.

Community Health Worker Outcomes

-32%

NO SHOW RATES

+27%

PCP VISITS

-20%

ED VISITS

-10%

INPATIENT ADMISSIONS

Community Health Workers provided support addressing health related social needs and healthcare navigation

CHW Collective results from 241 patients measured over 12-month period (6 months before/6 months after working with a CHW; representing ~10% of patient episodes in Epic (2025)

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